

# Home Health Aide Exam

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. Which of the following can cause bed sores?
  - a. Good Hygiene.
  - b. Laying on one spot for long periods of time.
  - c. Skin lotions.
  - d. Changing positions every 2 hours.
2. Indicate those changes that a Home Health Aide should always report by a phone call to a supervisor. (Check the circle beside your answers. Indicate all answers that are appropriate.)

<input type="checkbox"/> Onset of skin breakdown	<input type="checkbox"/> Onset of slurred Speech
<input type="checkbox"/> A temperature of 101 degrees F	<input type="checkbox"/> Onset of unsteady Gait
<input type="checkbox"/> Signs of Bruising	<input type="checkbox"/> Patient requesting tasks not on assignment sheet
<input type="checkbox"/> Abusive language	<input type="checkbox"/> Sudden Anxiety

3. What is one of the most effective infection control measures a home health aide can use?
  - a. Using water as a disinfectant.
  - b. Not touching residents.
  - c. Washing hands.
  - d. Shaking bed sheets before putting them in the laundry hamper.
4. Which of the following is a normal oral temperature?
  - a. 96.2 degrees F
  - b. 98.6 degrees F
  - c. 99.5 degrees F
  - d. 101.1 degrees F
5. Which one of the following helps germs multiply?
  - a. Moisture.
  - b. Light.
  - c. Temperatures below 32 degrees F.
  - d. Boiling water.
6. When handling linens of an incontinent client, you should
  - a. Always wear gloves
  - b. Scrub with a brush before washing.
  - c. Carefully shake out linens before washing.
  - d. First rinse with hot water before washing.

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7. Clients who do not drink enough liquids can experience:
- Dehydration.
  - Decubitus ulcers.
  - Loss of hearing in the higher ranges.
  - Diarrhea.
8. One of the best ways to prevent the spread of infection is to:
- Never talk on the clients phone
  - Never touch residents with infectious diseases.
  - Always wear latex gloves while on duty.
  - Always wash hands before and after patient contact.
9. If a patients behavior deviates from their normal persona, you should:
- Reprimand them appropriately.
  - Report their behavior to the supervisory nurse.
  - Restrain them to prevent injury to themselves or to others.
  - Leave them alone and let them get over it.
10. Circle any three (3) safety hazards the Home Health Aide should observe for in every home:
- |  |  |
|--|--|
| a. Functioning smoke detectors             | e. Loose scatter rugs                      |
| b. Frayed electrical wiring                | f. Overloaded electrical outlets           |
| c. Presence/location of fire extinguishers | g. Signs of patient/spouse smoking in bed. |
| d. Water on the floor                      | h. Broken handrails on stairways           |
11. You suspect that a client has been abused. What should you do?
- Tell a family member
  - Call the hotline.
  - Call the nursing supervisor
  - Discuss it with the patient
12. Which of the following statements is correct?
- A full liquid diet can include milk and sherbet.
  - A diabetic diet contains food high in sugar.
  - A low sodium diet contains foods such as ham
  - A clear liquid diet includes tea, Jell-O and ice cream
13. When moving a resident it is important to consider the patient's \_\_\_\_\_?
- Comfort.
  - Privacy.
  - Safety.
  - All the above.
14. What is the recommended daily fluid intake for an adult?
- 6-8 8 ounce glasses
  - 2-4 8 ounce glasses

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15. Good sources of protein are:

- a. Beans, peanut butter and eggs.
- b. Potatoes and noodles
- c. Green salad and cooked greens
- d. Apples and oranges

16. A resident with \_\_\_\_\_ may not remember things from one minute to the next.

- a. Dentures.
- b. Alzheimer's.
- c. Epilepsy.
- d. Parkinson's.

17. Symptoms of stroke include:

- a. Sudden weakness to one side of the body
- b. Slurred speech
- c. Facial drooping
- d. Confusion
- e. All of the above.

18. True or False: Water on the floor is a safety hazard?

\_\_\_\_\_ True \_\_\_\_\_ False